



~ Towner ~  
**Food Pantry**  
**Wednesday, Mar. 18!**

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The **F**amily **E**mpowerment **P**rogram  
is bringing the food to you in  
partnership with Food Gatherers

**March 18, 3pm – 5pm.**

Feel free to stop by any time!  
We look forward to serving you.

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**Sauk Trail Pointe**  
**Food Pantry**  
**Monday, Mar. 23!**

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The **F**amily **E**mpowerment **P**rogram  
is bringing the food to you in  
partnership with Food Gatherers

**March 23, Noon – 2pm.**

Feel free to stop by any time!  
We look forward to serving you.

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**INSIDE THIS ISSUE**

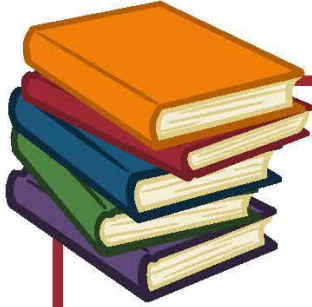
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MARCH 2020

## New Parkridge Residents

Welcome to March, lets get ready for some warmer weather!

March is reading month nationwide. Help us celebrate ourselves and our children by participating in reading activities on a daily basis, even if it is learning to read! It is important to encourage your kids to read as well.

March 12<sup>th</sup> 2020 is VOTING day. **Please, please, please go vote!** If here is anything FEP can do to help you get to a voting poll or any other barriers you may have to voting, please let us know. **Your vote DOES matter.**

### What's Happening this month at New Parkridge?

- **Movie Night:** 3/25/2020 @ 5:30 PM: **Moana**
- **Family Fun Night:** 3/19/2020 @ 5:30 PM **Dr. Seuss theme!**
- **Adult High School Diploma** classes continue
- **Health Fair Event (Michigan Medicine):** **Sunday 3/29/2020**



FEP is continuing to collect surveys- please come into the office and complete your annual survey, we will give you a 10\$ gift card on the spot! The survey has been shortened and should not take more then 10 minutes, at most.

THANK YOU to all of the parents and youth who came to the Young Men's event on 2/24/2020 at the community center. It was amazing to see all of the young people engaged. We look forward to doing something similar again in the future!

### Programs Family Empowerment Program is currently offering

**IDA ACCOUNTS:** For every dollar you save, we will give you \$8. You can earn up to \$2,000 just by saving \$250.00 of your own. We will even give you the initial money to open the account. Please call 734-961-7276 for questions or to get started. This is a great way to save for buying a house, going to school, fixing or buying a car, and more!

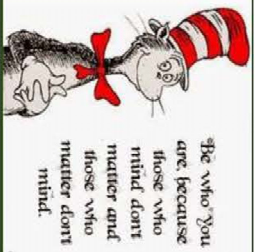
**MOOD LIFTERS:** This will start in April, so look for more information. This is a low key way to start feeling better without putting all your business out there! For residents who have anxiety or depression, this is a great program for you! **You can also get \$\$ for participating.**

**Health and Wellness:** On March 29<sup>th</sup> 2020 UofM will be at New Parkridge to present information on different **health topics** based on the surveys that residents have filled out over the past couple of months. Keep an eye out for more information!!



# March

## New Parkridge



# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

UofM HEALTH FAIR  
2:30-4:30 pm

COME IN & OPEN AN  
IDA ACCOUNT!  
\$\$\$

HS Diploma Classes  
4-5:45 pm

Movie Night  
Moana  
5:30 pm

HS Diploma Classes  
3-4:30 pm

Family Fun Night with  
Dr. Seuss!  
5:30 PM  
HS Diploma Classes  
3-4:30 pm

HS Diploma Classes





"What Home Means to Me"  
**Poster Contest**  
 National Association of Housing and Redevelopment Officials • Housing America Campaign

**Who can participate?** Youth (grades Kindergarten through 12<sup>th</sup> grade) residing in affordable housing assisted directly or supported under community development and affordable housing programs administered by a NAHRO member authority (i.e. public housing or Section 8 assisted housing, CDBG, HOME, LIHTC).

**AGE CATEGORIES:**

Elementary – K to 5<sup>th</sup> grade      Middle – 6<sup>th</sup> to 8<sup>th</sup> grade      High – 9<sup>th</sup> to 12<sup>th</sup> grade

**POSTER SPECIFICATIONS:**

*\*Please pay attention to the poster specification details below in order to be considered for national competition.*

- Theme - "What Home Means to Me"
- Size – All posters must be 22" x 28" and have a LANDSCAPE/HORIZONTAL orientation to be considered for national judging and may be featured in the 2021 "What Home Means to Me" calendar.
- Media - Contestant may use any art media (marker, crayon, paint, collage, textiles, etc.), but please consider that posters will need to be packaged, mailed and reproduced.
- **All entries must be flat. Landscape only!**
- All contestants must sign a release making their entry the property of NAHRO and permitting duplication/publication thereof. The release should be secured to the back of the entry.
- All regional finalists and national winners must sign a photo release waiver giving NAHRO permission to use their picture for online and print publication.
- All contestants are asked to provide a short narrative on the inspiration, vision and importance of their poster design. The narrative should be secured on the back of the entry.
- Contestants name, grade level, and housing authority must be written on the back of each poster entry in addition to being listed on the release form also attached to the entry.
- NAHRO is only responsible for returning the original poster to the national grand prize winner. NAHRO is not responsible for returning poster unless otherwise contacted by October 1.
- National winners will be selected based on how well the artwork uses the "What Home Means to Me" theme.



**Contact Tarah, (734) 482-4300 for more info**

**Supplies will be available at each property management office**

**\*\*Please submit completed posters by Wednesday March 11\*\***



# COMMUNITY EVENTS



**March 9—YHC Board Meeting (New Parkridge, 6-8pm)**

**March 10—Women of Color Symposium (EMU, 12-5pm) \*must RSVP**

**March 11—Poster Contest Deadline**

**March 12—Dementia Caregiving Workshop**

(Ypsi Senior Community Center, 9-11:30am) \*must register

**March 14—F.A.C.E. Conference (Ypsi Community High School, 9am-1pm) \*must register**

**March 16—Student/Parent Resource Fair (EMU, 12-5pm)**

**March 18—Towner Food Pantry (3-5pm)**

**March 23—Sauk Trail Pointe Food Pantry (12-2pm)**

**March 26— SafeHouse Support Group (3:30-5pm)**

## MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# WOMEN OF COLOR

## FEMINISMS & LEADERSHIP

# SYMPOSIUM

**MARCH 10, 2020 12-5PM**  
**Student Center Ballroom A**

Join us for the 3rd annual Women of Color Feminisms and Leadership Symposium. A space for women of color to build community and amplify their voices by sharing their story through dance, poetry, presentation and more. This event is free and open to the community. LUNCH will be provided.

**TO RSVP, VISIT**  
**<http://tiny.emich.edu/WOCFLS2020>**





# FREE Half-Day Workshop!

## Caregiving Survival PLUS Caring for a Loved One With Dementia

Dementia caregiving expert Jill Gafner Livingston will offer tips and tools on managing the stress of caregiving. Her inspirational seminar is designed with the family caregiver in mind and will encourage positive thoughts and behaviors.

Free handbook for the first 20 registered! Copies will be available for sale.



Jill Gafner Livingston, BSBM, Certified Dementia Practitioner (CDP), Certified Alzheimer's Disease and Dementia Care Trainer (CADDT). Author, "Personal Positioning for Caregivers." Supporting caregivers since 2006 through radio, television and national seminars.

**Thursday, March 12**  
**9:00 a.m. to 11:30 a.m.**  
**Ypsilanti Senior/  
Community Center**  
**1015 North Congress**

**To register, email**  
**[wellnessprograms@aaa1b.org](mailto:wellnessprograms@aaa1b.org)**  
**or call 833-262-2200.**



Global Training Experts is funded in whole or in part by the federal Older Americans Act and the AASA through the Area Agency on Aging 1-B for this workshop. Global Training Experts complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodations will be provided upon request.



# F.A.C.E.

FAMILY AND COMMUNITY  
EMPOWERMENT

# CONFERENCE

# 2020

YPSILANTI COMMUNITY HIGH SCHOOL  
2095 Packard Road, Ypsilanti

SATURDAY  
MARCH

# 14

9 A.M.-1 P.M.

## KEYNOTE SPEAKER

Keynote speaker for this year's conference is nationally syndicated radio host **DJ Envy**, who will speak with guests on family empowerment, entrepreneurship, and real estate opportunities.

## CARE

**The National Alliance on Mental Illness Washtenaw County** will lead sessions on mental health, physical health, improving family and community communication plus supporting behaviors at home and school.

## SAFETY

**The Washtenaw County Sheriff's Department** will lead sessions on cybersafety, raising resilient children and improving communication between parents and systems.

## ACADEMICS

**The Ypsilanti District Library** will lead sessions on supporting academics at home, college readiness, study skills and improving reading, math, and science.

## PARTNERSHIPS

**Ypsilanti Community Schools** will lead sessions on how to utilize community organizations to strengthen academics, safety, and care in your family and community.



## DJ ENVY

## SCHEDULE

8:00 AM - 9:00 AM  
Registration and Pancake Breakfast

9:00 AM - 12:00 PM  
Vendor Fair

9:00 AM - 9:45 AM  
Session One

10:00 AM - 10:45 AM  
Session Two

11:00 AM - 11:45 AM  
Session Three

12:00 PM - 12:30 PM  
Keynote Speaker: Radio Talk Show Host  
DJ Envy from the Breakfast Club

12:30 PM - 1:00 PM  
Keynote Speaker Meet and Greet  
/Photo Opportunity

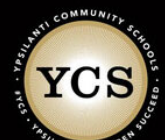
## REGISTER TODAY!

<https://ycsfaceconference.eventbrite.com>

This conference is **FREE** to YCS parents and community members.

Parents and guardians who wish to sign their students up for **F.A.C.E. Conference Kid Zone** must fill out the Google form and pre-register by **March 7, 2020**.

Students must be between the age of 5-10 years old in order to participate in Kid Zone-no exceptions. The form can be found on our website at [www.ycschools.us/FACEConference](http://www.ycschools.us/FACEConference)







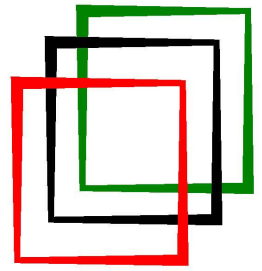
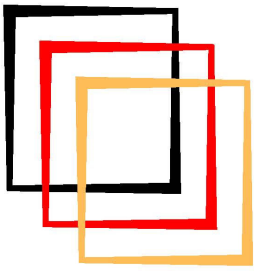
# Student Parent

**Resource Fair**  
**March 16th 2020**  
**Mckenney Ballroom**  
**12PM - 5PM**



The Women's Resource Center will be hosting a Student Parent Resource Fair to connect our student parents to community organizations that provide family-centered resources, programs, and free or low cost activities in the Washtenaw Community.





**B L A C K W O M E N**

**S U P P O R T G R O U P**

**For female-identifying  
survivors of Sexual Assault**

**LOCATION**

SafeHouse Center  
4100 Clark Rd, Ann Arbor, MI 48105

**DAY & TIME**

Every Thursday - Starting March 26th, 2020  
3:30-5:00pm

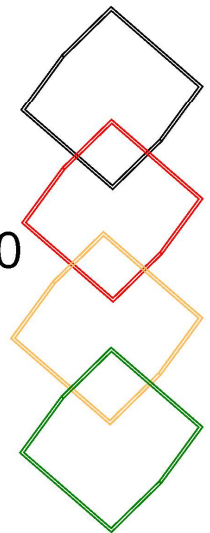
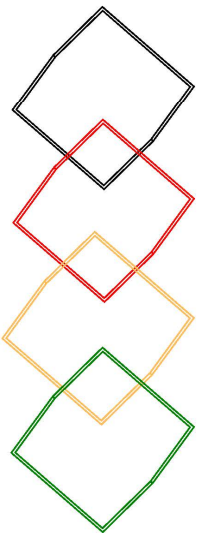
**FOR MORE INFORMATION**

email [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)  
or please contact our 24hour Helpline:

734-995-5444

[www.safehousecenter.org](http://www.safehousecenter.org)

*Child care will not be available.*



# **You Count! So Be Counted in the 2020 Census!** **Michigan gets about \$3,000 per year for every person** **who is counted in the Census**

Your Census responses are **100% Secure & Confidential**

By law, your information **cannot be released to identify you or be used against you by any government agency or court**

- **Michigan needs every person to be counted; the Census determines funding for essential services for the next **10 years****
- **There is NO citizenship question on the 2020 Census**
- **The Census DOES NOT ASK for your Social Security Number**

**YOU** will help **essential Michigan programs** like Medicaid, Medicare Part B, SNAP, School Grants, Highways, Section 8 Housing, WIC, Health Care Centers, Child & Senior Food Programs, College Education Grants, Public Housing, Low Income Home Energy Assistance, Substance Abuse Treatment, etc. **get federal funding.**

**YOU** will help to **determine how many seats Michigan gets in Congress.**

**YOU** will help to **plan for future needs in your community**, such as housing, public transit, health services, employment & training.

**On March 12**, households will begin receiving official Census Bureau mail with information on how to respond to the Census. The mail will probably be addressed to "Current Resident" & has your unique **User ID code**. Fill out only one form per residence.

**The Census form is Quick & Easy. You can complete it in 3 ways:**

- 1. Online:** Go to **my2020census.gov** & use your computer, tablet or mobile phone. Enter your User ID Code or your address to begin.
- 2. By Phone:** You can call the Census Bureau and complete the Census over the phone.
- 3. By Mail:** You can request that a paper Census form be mailed to you.

You'll need the **name, age, birth date & race** of every person living in your home.

Online Census guides are available in **60 languages**. Phone support will be available in **13 languages**.



Flyer sponsored by Washtenaw Optimal Wellness &  
Washtenaw County Office of Community & Economic Development  
WashtenawOptimalWellness.org & Washtenaw.org/OCED



OFFICE OF COMMUNITY &  
ECONOMIC DEVELOPMENT  
*Collaborative solutions for a promising future*

## OUR COMMUNITIES

**Hamilton Crossing (144 Units)**  
596 South Hamilton St.

**Hollow Creek (24 Units)**  
*A Deborah Strong Property*  
130 S. Grove

**New Parkridge (86 Units)**  
831 Hilyard Robinson Way

**Sauk Trail Pointe (36 Units)**  
*A Deborah Strong Property*  
928 W. Michigan Ave.

**Scattered Sites (29 Units)**

**Towner (23 Units)**  
*A Deborah Strong Property*  
Towner St.

**Ypsilanti Housing Commission**  
601 Armstrong Dr.  
Ypsilanti, MI 48197  
Phone: 734-482-4300

**Family Empowerment Program**  
(734) 340-2411

**Hamilton Crossing**  
596 S. Hamilton Street  
(734)-484-1706

**Hollow Creek**  
130 S. Grove  
(734) 221-5499

**New Parkridge**  
831 Hilyard Robinson Way  
(734) 961-7453

**Sauk Trail Pointe**  
928 W. Michigan Ave.  
(734) 547-5117

Are You  
**PREGNANT?**



Help researchers  
learn about

**PRENATAL STRESS**

Study participation includes completing questionnaires and interviews about your experiences, thoughts, and health.

You might be eligible if you are:  
Less than 20 weeks pregnant and between the ages of 18 and 34.

All information is confidential.  
You will be paid \$50 in cash with the opportunity to earn \$550 for completion of all study activities.



**Call or Text (734) 926-5205**  
**pregnancystudy@umich.edu**

**Questions? Suggestions?**  
**Please email Tarah Hearnst**  
**hearnst@ypsilantihc.org**  
**Or call (734) 482-4300**