

November 2018 Volume 1, Issue 7

A NOTE FROM THE EXECUTIVE DIRECTOR

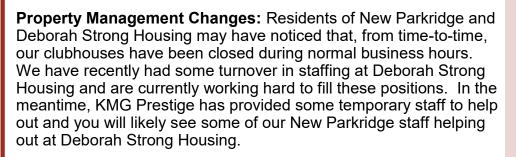
Dear Friends,

Recreational Cannabis (aka Marijuana): No doubt by now you have heard that the citizens of Michigan have followed the path of many other states in the US and voted to legalize recreational cannabis. While the recreational and medical use of cannabis in the State of Michigan is no longer a criminal offense, I must remind you that <u>the use of cannabis on YHC properties is still against the lease and could put you at risk of losing your housing.</u>

YHC properties receive funding from the federal government, so we are required to follow federal law. Until the federal government de-

cides to remove cannabis from the Schedule 1 Controlled Substance list, the YHC must comply with federal law.

I know this may seem unfair to many people, and I completely understand. Unfortunately, this matter is out of my hands. Not following federal law would put the YHC at risk of losing our funding, which we use to subsidize the rent in most of our units.



Once we have our new team members on board, we'll be sure to introduce them to you! As always, the YHC and our partners are here to support our residents and their families.

Sincerely,

Zac Fosler Executive Director & CEO





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REMINDERS

- Late fee reminders: Rent is due on the 1st, on the 5th it is considered late. On the 6th a \$5 fee will be added to your account, and \$1 fee will be added for each additional day late up to \$25.
- Please make sure to check mailboxes regularly, for inspection notices, recertification notices, etc.

COMMUNITY NEWS

Ferndale Housing Commission Visit

We would like to give a huge thank you to Ferndale Housing Commission for stopping by last week to tour New Parkridge and to learn about all the great activities going on at the YHC. We would also like to give a huge thank you to New Parkridge staff and residents for taking the time to show our visitors around and speak about the community.

New Library at New Parkridge!

New Parkridge Homes residents received a library build from an University of Michigan student-led organization called Books for a Benefit (BFB) in late October. With the support of the Family Empower-



ment Program staff, BFB was able to transform the space in one weekend!

The computer lab at New Parkridge Homes is now known as a resource library for New Parkridge residents. The resource library is stocked with books for all ages, oversized bean bags, and educational games. This space is available for residents to access during the regular office hours of 9:00a-5:00p. When you get a



chance, stop by the New Parkridge leasing office and check out this new space!



Harvest Party Fun!

Our Harvest Parties at Hamilton Crossing, New Parkridge, and Sauk Trail Pointe were a great success. Thanks to everyone who helped plan and came out to celebrate!



You're invited to a

Thanksgiving celebration

Come Eat and Celebrate "The Thanksgiving Holiday" with us as we share what we/you are most thankful for

Friends, Family, School, and Being Safe, Being Smart, Food, God, Life, Teacher, and "The Center" Etc...

Where: Parkridge Community Center

591 Armstrong Dr.

4:00 - 6:00PM

When: November 21, 2018

Time:

Give Thanks

COMMUNITY EVENTS

NOVEMBER 5, 12, 19, 26– Funk-tional Fitness with Lajuanna Mondays for 6 consecutive weeks (6-7pm, New Parkridge)

- **NOVEMBER 13–** Health Café (6-7:30pm, New Parkridge)
- **NOVEMBER 16— Chili Cook-Off (4-6pm, Hamilton Crossing)**
- **NOVEMBER 20— Safe House Center Workshop (1-2pm, New Parkridge) *New date December 4***

NOVEMBER 21— Parkridge Community Center Thanksgiving Dinner (4-6pm, 591 Armstrong Dr.)

NOVEMBER 22— Thanksgiving Day



November 2018

Mon	Tue	Wed	Thu	Fri	Sat
			<i>1</i> RENT DUE	2	3
5	6 LATE FEES ADDED	7	8	9	10
12	13	14	15	16	17
19	20	21	22	23	24
26	27	28	29	30	
	5 12 19	5 6 LATE FEES ADDED 12 13 19 20	Image: second	Image: series of the series	Image: series of the series

Whole Body Fitness

Free Funk-tional Fitness Class

Low Impact movements to help you get Fit, get Lean, & get Strong

When: Monday's on Nov 5, 12, 19, 26, Dec 3, 10

Where: New Parkridge Clubhouse, 831 Hilyard Robinson Way, Ypsilanti, MI 48197 (Free child care available)

Time: 6pm to 7pm

F.



ACCORDING TO THE CDC PHYSICAL ACTIVITY IS ESSENTIAL

"Muscle-strengthening activities on 2 or more days a week that work all major muscle groups (legs, hips, back, abdomen, chest, shoulders, and arms)"

Space is Limited; Registration is Suggested

Whole Body Fitness by Lajuanna Robinson

(734) 672-0463 www.wbf-bylajuanna juannacastle@gmail.com Lajuanna Robinson Fitness Lifestyle Coach Exercise Phyiologist M.S.

YOUR BEST CHILI

VANTEL

JOIN US FOR A CHILI COOK-OFF!

EVERYONE IS WELCOME

Sign up to compete, or just come to eat! There will be a 1st, 2nd and 3rd place prize

for the winners!

Sign up sheets and details for participants are available at the Hamilton Crossing office.

FRIDAY, NOVEMBER 16TH

4:00-6:00

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OUR COMMUNITIES

Hamilton Crossing (144 Units) 596 South Hamilton St.

Hollow Creek (24 Units) A Deborah Strong Property 130 S. Grove

New Parkridge (86 Units) 831 Hilyard Robinson Way

Sauk Trail Pointe (36 Units) A Deborah Strong Property 928 W. Michigan Ave.

Scattered Sites (29 Units)

Towner (23 Units) A Deborah Strong Property Towner St.

Ypsilanti Housing Commission 601 Armstrong Dr. Ypsilanti, MI 48197 Phone: 734-482-4300

Family Empowerment Program (734) 340-2411

No.

Hamilton Crossing 596 S. Hamilton Street (734)-484-1706

> Hollow Creek 130 S. Grove (734) 221-5499

New Parkridge 831 Hilyard Robinson Way (734) 961-7453

Sauk Trail Pointe 928 W. Michigan Ave. (734) 547-5117 REAL NURSES, REAL TALK HEALTH CAFE

Come join us for our first Health Cafe where we will discuss diabetes. Dinner will be provided. We would love to chat with you!

13 NOVEMBER 2018 6:00-7:30P NEW PARKRIDGE CLUBHOUSE, 831 HILYARD ROBINSON WAY, YPSILANTI, MI 48197 (734)961-7276